



希愈
醫療中心

新風醫療成員

臻銘男士身體 檢查計劃

改善健康 活出絢爛風采

臻銘男士身體檢查計劃是為男士量身而制，目的是為了讓關心自己身體的您透過全面及專業的檢查項目了解個人健康狀況，從而及早預防和找出潛在的健康風險，尤其是一系列的男士關注的身體問題，並由資深的醫學團隊擬定個人化的健康管理方案，與您一同守護一生健康。

上醫治未病，我們的醫學團隊深信一個完善的身體檢查，應該查找出不明顯的疾病風險，在發病之前，管理健康風險，防患於未然。所以我們的身體檢查方案，除了基本的檢查項目外，更加上為繁忙的都市人而設的檢查項目，包括：中醫調理服務，都市人常處於亞健康狀態，中醫治療可舒緩不適和小毛病；內分泌系統器官功能檢查，利用血糖指數、促甲狀腺激素檢查、尿酸檢查等了解當前身體代謝的情況。

我們以多角度醫學範疇分析您的健康需要，並作出全方位的專業檢查及諮詢服務，保障您的健康。

檢查完畢後，體檢報告將由臨床經驗豐富的全科醫生親自跟進，結合臨床診斷及全面評估，詳細講解及分析報告內容，找出即時及潛在健康風險，並提供健康管理方案，積極改進您的健康人生，讓你活出更好的人生。

「了解身體，創造最佳狀態。」



重點項目



全科醫生詳細健康評估
及講解跟進驗身報告



中醫調理服務



器官功能及結構檢查

服務價錢

HK\$ 6,980

驗血與身體檢查



血液測試 身體健康狀況概覽

- 血液細胞分析(全血計數)



骨骼及肌肉健康 了解肌肉骨骼系統發展

- 血鈣檢查
- 血液維他命D水平
- 血磷檢查
- 身體成分分析



心肺健康 了解心肺和血管健康

- 血脂檢查
- 肺部X光檢查
- 靜態心電圖檢查



肝腎及腸道 了解身體排毒功能

- 腎功能檢查組合
- 尿液常規檢查
- 膽紅素水平
- 肝酵素水平
- 大便隱血測試
- 尿蛋白分析
- 白蛋白和球蛋白比例



內分泌檢查 了解身體代謝健康

- 空腹血糖指數
- 促甲狀腺激素檢查
- 糖化血色素測試
- 尿酸檢查



進階健康檢查 評估常見健康風險

- 全腹腔超聲波檢查(全面檢查主要內臟狀況)

升級自選項目

前列腺特異抗原檢查 (PSA)	HK\$ 400
EB病毒測試(鼻咽癌篩查)	HK\$ 600
心臟電腦掃描(冠狀動脈造影及鈣化定量)	HK\$ 5,500
低幅射胸腔電腦掃描*	HK\$ 2,000

*如選擇低幅射胸腔電腦掃描，可省略肺部X光檢查

健康策略管理

完成身體檢查後，專業全科醫生將會因應您的身體狀況及需要對症下藥，給予您一系列健康管理策略及計劃，以便您可以在日常生活作出改善，並適時提供跟進和轉介治療，助您及早為健康籌謀，擁抱精彩人生。



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了解更多



WhatsApp

Deluxe Men Health Screening

Optimize your health to get the most from life

Our Deluxe Men Health Checkup service is designed for discerning male clients to optimize their health in the prime of their lives. This package aims to provide early prevention, detection, treatment of medical conditions, as well as strategies for health improvement.

To understand your health challenges and aspirations, our dedicated General Practitioner will work with you with a personalized investigation plan and our TCM doctor will also offer the integrative consultation, to get a holistic snapshot of your health.

In the follow up consultation, imminent threats and potential risks will be highlighted and addressed by our resident specialists with a strategic wellness plan.

“Peak performance starts from understanding my health.”

Key Features



Pre and Post
Investigation Consultation



Integrative TCM
Consultation



Organ Function
Tests and Scans

Pricing Plan

HK\$ 6,980

Blood Tests and Investigations



Blood Profile Assess general state of health

- Complete Blood Count with Differentials



Bone and Muscle Health Study the building blocks for your musculoskeletal health

- Calcium
- Phosphorus
- Vitamin D
- InBody



Heart and Lung Health Understand your cardiovascular and lung conditions

- Lipid Profile
- Resting ECG
- Chest X-Ray



Kidney, Gut and Liver Health Know your ability to detoxify your body

- Renal Function Profile
- Liver Function Test
- Albumin/Globulin Ratio
- Urine Routine Test
- Fecal Occult Blood Test
- Bilirubin
- Urine Protein Analysis



Endocrine Understand your metabolic health

- Fasting Blood Glucose
- HbA1c
- Thyroid Stimulating Hormone
- Uric Acid



Supplementary Investigations Assess common but serious health risks

- Ultrasound Whole Abdomen (Core Organs Overview)

Add-ons

PSA Test	HK\$ 400
EBV Test	HK\$ 600
CT Coronary Angiogram with Calcium Score	HK\$ 5,500
Low Dose CT Thorax*	HK\$ 2,000

*Chest X-Ray can be omitted if upgraded to low dose CT Thorax

Wellness Playbook

Working with our General Practitioner you will receive a comprehensive wellness playbook to manage your ailments and improve your health. This step-by-step strategy includes medical interventions, as well as lifestyle changes. This also serves as a baseline for future conversations with your General Practitioner, enabling you to live your life to the fullest.

